# **Bio Sels Mer Morte**

Natural Salt Flowers from the Dead Sea, for body massage and hydrotherapy. They are obtained through natural evaporation on the Dead Sea shore and selected for their extraordinary ecological purity and high concentration of oligo-elements.



These salts, which are true source of well-being, relieve tension, have a strong antistress effect, drain water retention (heavy legs, swollen feet and ankles) and facilitate the elimination of cellulite and the slimming process.



### **ENERGETIC ACTION**

Thanks to its high concentration of Magnesium salts and their effectiveness in regulating energy, the negative effects of skin stress are diminished, the balance of Ying and Yang energy is restored and the skin regains its dynamism and vitality.

#### **APPLICATION**

Bio Sels Mer Morte can be used in a wide range of effective and original thermal treatments.

#### **MASSAGE**

According to the effect you wish to obtain, chose one of the three Thalassa oils and mix it with Bio Sels Mer Morte until it turns into a soft, granular preparation; then perform an exfoliating massage over the entire body. Rinse by having a shower or bath for an additional relaxing effect. Your skin will feel smooth and soft.

- For an anti-stress and firming effect: Bio Sels de la Mer Morte + Bio Yin Thalassa.
- For a dynamism-enhancing and slimming effect: Bio Sel de la Mer Morte + Bio Yang Thalassa.
- For a draining and relaxing effect: Bio Sels de la Mer Morte + Draine Huile Thalassa.

## **HYDROTHERAPY**

Dilute Bio Sels de la Mer Morte in bath water (37°/38°) and, depending on the effect you wish to obtain, add one of the three Thalassa oils. For best results, the bath water should look milky when the oil is diluted. After a 20-minute hydrotherapy, do not rinse so that your skin absorbs the essential oils that will reenergize your

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